

Mouse Posture Types

Posture	Description	Example
	<p>Pinch Grip: A Static Posture for holding or manipulating an object using the thumb and one or more fingers. It requires excessive finger pressure and can lead to injury and impairment.</p> <p>Mouse Types that Use Pinch Grip: Palm down mice and stylus type mice to some degree use "Pinch Tip" (thumb & finger tips) and one "so called ergonomic vertical mouse" requires Pinch Pulp grip; the inside surface of thumb and fingers.</p>	
	<p>Power Grip: Some muscle force is required to hold objects in a power grip posture. This is still a Static Posture.</p> <p>Mouse Types that Use Power Grip: Some Vertical Mouse types.</p>	
	<p>Gripless or Functional Neutral Posture</p> <p>The hand is "not actively" using muscles so Functional yet in Neutral. The force applied is automatically rated as low or zero.</p> <p>Mouse Types that are Gripless: Only one, the AirO₂bic Mouse.</p>	
	<p>Remember: A New "Gripped" Mouse is another untested posture. A new mouse means a new posture that uses different muscles so taking the strain off muscles that hurt. It is bound to feel good and bring immediate relief. This may make you believe you've found a better mouse until the new muscles being used get their vote, probably some 3 months later!</p>	<p>This We Call New Posture Syndrome Products can be labeled "ergonomic" and need not show technical or clinical proof! AirO₂bic mouse was technically developed and is clinically shown to improve CTS symptoms.</p>